

**Media Assignment**

**Name** \_\_\_\_\_

**Date** \_\_\_\_\_

This assignment is designed to have you research and evaluate articles about health, fitness, and wellness.

Find an article on health, fitness or wellness from a reputable source (newspaper, magazine, hospital, government entity, etc) and report on it.

Author: \_\_\_\_\_

Title of Article: \_\_\_\_\_

Title of Publication: \_\_\_\_\_

Date Published: \_\_\_\_\_

# of Pages: \_\_\_\_\_ Date Retrieved: \_\_\_\_\_

URL: \_\_\_\_\_

List 10 detailed facts from the article in **complete** sentences.

1

2

3

4

5

6

7

8

9

10

**Answer the following questions in paragraph form, 4+ sentences each.**

Why did you choose this article? Why is this information important?

How can you apply this information to your life?

Summarize the article.

What is your personal opinion on the content of article? Do you agree or disagree with the main point the author was making?